

Groups and Specialties

Debbie Ennis: Success Circle: goal setting

Lisa Freden: Anxiety group
Parenting group

Lori Churchill:
Adolescent grief & loss group,
high school and middle school girls groups

Melissa Weise:
Adolescent and adult DBT skills groups

Carrie Powers:
Support group for new moms or mothers
struggling with postpartum, mood or
anxiety complications.

Pastoral Counseling Centers of MA:
Meditation, divorce support, grief & loss
support, among others.

The Carson Center: (Ware) DBT group

Children's Friend (Worcester) DBT group

Heywood Hospital: Over 15 different
groups to choose from; call 978-630-6248.

Addiction support groups for families
www.Learn2Cope.org

Asperger/Autism Network
www.aane.org

Divorce Mediation
www.MediationAdvantage.com

*The therapists listed in this
pamphlet are individual
practitioners, i.e. independently
licensed and insured and not
affiliated with each other in any
business-like manner.
To learn more about any of the
practitioners listed contact them
using the information listed under
their name.*

Debbie Ennis LICSW
... discover you

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Site: Listening Wellness Center
35 South St.
Barre MA 01005

Phone: 978-257-8062

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Debbie@DebbieEnnis.com

Local Therapists, Here to Help

What you get by achieving your goals
is not as important as what you
become by achieving your goals.

—Henry David Thoreau

Amy Aubertin, MS, RDN, LDN
Nutrition Therapist
53 Merriam Ave., Suite 5, Leominster
978-501-6035

Sarah Aubuchon, MA, LMHC
418 Patriots Rd., Suite A, Templeton
603-762-5356
aubuchonsarah@gmail.com

Jillian Bushay, LMHC
23 Village Inn Rd., Suite F, Westminster
978-790-5254
Jillyk09@hotmail.com

***The Carson Center for Human Services**
96 South Street, Ware, 413-967-6241
Walk-ins: Mon.-Wed. 9:30am and 10:30am

John R. Casey, LICSW
200 Highland St., Worcester
774-239-3262
jrcasey08@charter.net
CBT/ hypnosis for mood and substance use.

Jennifer Chatelle, MA, LMHC
Child & Adolescent Psychotherapist
588 Main St., Shrewsbury
508-414-2606
JenniferChatelle@yahoo.com

Lori Churchill, LICSW
1 Main St., Hubbardston
978-928-1164
www.WellnessHub1Main.com
www.wellnessthroughtherapy.com

***Lynn M. Cormier-Sayarath, MSW, LISCW**
418 Patriots Rd., Suite A, Templeton
508-212-5187
lcslicsw@comcast.net
www.lcormier-sayarath.com

Julianna Early, MA, CAGS
Early Awakenings
Worcester, 508-812-9007
Specializes in transgender and gay issues.

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Carolyn Erskine
1 Main St., Hubbardston
508-641-2716
Carolyn@caroreiki.com
Reiki and crystal healing, plus more

Laura Fasano, MA, LMHC
Listening Wellness Center
35 South St., Barre
978-808-6012

Deb Folsom, LICSW
47 Stafford St., Worcester
774-244-4144

***Lisa Freden, LMHC**
Royalston, 978-249-6595

Elizabeth Gambaccini, MA, LMHC
101 Mechanic St., Gardner
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estanley.counseling@gmail.com

Adesholla Gionet, MSW, LICSW
418 Patriots Rd., Suite A, Templeton
978-310-1995
Couples Counseling and more
agionet-licsw@comcast.net

***Cynthia Horan, LICSW**
45 Sterling St., Suite 23, West Boylston
508-835-6988
Couples Counseling, plus more
cynthia@cynthiahoranlicsw.com
www.cynthiahoranlicsw.com

Alexia Johnstone, LMHC
Mental Health Counselor and
Expressive Arts Therapist
489 Washington St., Suite 204, Auburn
413-320-6453
AjohnstoneLMHC@gmail.com

Kelly Knower, MSW, LICSW, CPT, CSW
Certified Wellness Coach
Level II Reiki practitioner
1 Main St., Hubbardston
978-660-9590
kwade13.kw@gmail.com

***Mind Over Matter**
Jill Masure, LICSW
Gardner
978-632-6650

Maureen McGarry

Listening Wellness Center
35 South St., Barre
774-364-5661

Vanessa Martino-Fleming, LMHC, MAC, CCHP

East Coast Counseling, LLC
195 Main Street Suite 2A
Franklin, 508-500-9152
Specializes in trauma, relationship and transgender issues.

Tricia McLeod, MA, LMHC

131 West Main St., Ste. 225, Orange
978-790-8999
Specializes in gender identity, substance abuse & relationship issues, among others.

***Randi Marcinkiewicz, LMHC**

38 Chippewa St., Hubbardston
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Alena Martiros, MA, LMHC

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Donna O'Brien, MEd, LMHC

Listening Wellness Center
35 South St., Barre
508-287-3415

Kay Osborne MS, LMHC

418 Patriots Rd., Suite A, Templeton
508-331-6406

Pastoral Counseling Centers of MA

Worcester, Westborough, Hudson
www.PCCofMA.org

Kellie Perkins, LMHC

23 Village Inn Road, Suite F, Westminster
978-549-6059

Carrie Powers, LICSW

101 Mechanic St., Gardner
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carriepowers@gmail.com
www.carriepowers.com

Kathleen Quinn, LICSW

697 Main St., Suite 6, Holden
508-802-4791

Kristen Robinson, Psy.D

1 Main St., Hubbardston, 781-572-5550
drkrobinson@icloud.com
www.WellnessHub1Main.com

Dave Russo, LMFT, LMHC

800 Main St., Holden
508-829-4242

Joyce Shapiro Ellowitz, LICSW

23 Village Inn Road, Westminster
978-870-8542

Melissa Scherer, MS, LMHC

Listening Wellness Center
35 South St., Barre, 774-239-4002
Specialty: Substance abuse

Jody Tata, LMHC

23 Village Inn Road, Westminster
508-331-5077
JTata33@icloud.com

Jayme M. Valdez, LMHC

469 Chandler Street, Worcester
917-604-2981
Specialty: OCD
jaymevaldezmhc@yahoo.com
www.oed-therapy.com

***West Brookfield Counseling Center**

Norman Tonelli, LMHC, Owner/Director
62 Ware St., West Brookfield
508-867-4451 Ext 1
www.westbrookfieldcounseling.com

***Melissa D. Weise, LICSW**

Mary-Alice Austin, LICSW

Joan Maselli, LMHC (Art Therapist)

1024 Central St., Palmer
413-687-9685
MelissaDWeise@gmail.com

*Accepts certain Medicaid/Mass Health insurances

Many of the above therapist's profiles can be viewed on www.PsychologyToday.com

If any information above is out of date please let me know so I can update my records.