

Groups and Specialties

Debbie Ennis: Success Circle: goal setting

Lisa Freden: anxiety group
parenting group

Lori Churchill: adolescent grief & loss group,
high school girls' group, middle school girls'
group, new mother's group

Melissa Weise:
adolescent and adult DBT skills groups

Pastoral Counseling Centers of MA:
meditation, divorce support, grief & loss
support, among others.

The Carson Center: (Ware) DBT group

Children's Friend (Worcester) DBT group

*The therapists listed in this
pamphlet are individual
practitioners, i.e. independently
licensed and insured and not
affiliated with each other in any
business-like manner.
To learn more about any of the
practitioners listed contact them
using the information listed under
their name.*

Debbie Ennis LICSW
... discover you

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Local Therapists, Here to Help

What you get by achieving your goals
is not as important as what you
become by achieving your goals.

—Henry David Thoreau

Amy Aubertin, MS, RDN, LDN

Nutrition Therapist
53 Merriam Ave, Suite 5
Leominster, 978-501-6035

Sarah Aubuchon, MA, LMHC

418 Patriots Rd., Suite A, Templeton
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aubuchonsarah@gmail.com

***The Carson Center for Human Services**

96 South St., Ware
413-967-6241
Walk-ins: Mon.-Wed. 9:30am and 10:30am

John R. Casey, LICSW

200 Highland St., Worcester
774-239-3262
jrcasey08@charter.net
CBT/ hypnosis for mood and substance use.

Lori Churchill, LICSW

1 Main St., Hubbardston
978-928-1164
www.WellnessHub1Main.com
www.wellnessthroughtherapy.com

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Carolyn Erskine

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Carolyn@caroreiki.com
Reiki and crystal healing, plus more

Laura Fasano, MA, LMHC

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***Lisa Freden, LMHC**

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Elizabeth Gambaccini, MA, LMHC

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Alexia Johnstone, LMHC

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Kelly Knower, MSW, LICSW, CPT, CSW

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Level II Reiki practitioner
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Mind Over Matter

Jill Masure, LICSW
Gardner
978-632-6650

Maureen McGarry

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Donna O'Brien, MEd, LMHC Listening
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35 South St., Barre
508-287-3415

Kay Osborne MS, LMHC

418 Patriots Rd., Suite A, Templeton
508-331-6406

Pastoral Counseling Centers of MA

Worcester, Westborough, Hudson
www.PCCofMA.org

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Kathleen Quinn, LICSW

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508-802-4791

Kristen Robinson, Psy.D

1 Main St., Hubbardston, 781-572-5550
drkrobinson@icloud.com
www.WellnessHub1Main.com

Dave Russo, LMFT, LMHC

800 Main St., Holden
508-829-4242

Melissa Scherer, MS, LMHC

Listening Wellness Center
35 South St., Barre, 774-239-4002
Specialty: Substance abuse

***West Brookfield Counseling Center**

Norman Tonelli, LMHC, Owner/Director
62 Ware St., West Brookfield
508-867-4451 Ext 1
www.westbrookfieldcounseling.com

***Melissa D. Weise, LICSW**

Mary-Alice Austin, LICSW

Joan Maselli, LMHC (Art Therapist)

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*Accepts certain Medicaid/Mass Health insurances

Many of the above therapist's profiles can be viewed
on www.PsychologyToday.com